

| Sunday |                   | Monday |  | Tuesday |   | Wednesday |   | Thursday |  | Friday |   | Saturday |   |
|--------|-------------------|--------|--|---------|---|-----------|---|----------|--|--------|---|----------|---|
| 29     | 1-5PM             | 30     | 5AM-8PM  | 31      | 5AM-8PM   | 1         | 5AM-6PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM | 2        | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Boot Camp: 6PM<br>Yoga: 6PM<br>Kids Class: 4PM | 3      | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>Kids Class: 10AM<br>CC: 10AM | 4        | 8AM-5PM<br>Boot Camp: 9AM<br><br>Back To School 5K: 9AM |
| 5      | 1-5PM<br>Open Gym | 6      | 9AM-5PM<br>Classes: 9AM, 12N,<br>3PM, 4PM, 5PM<br>CC: 10AM<br><br><b>LABOR DAY</b> | 7       | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Kids Class: 4PM<br>Boot Camp: 6PM | 8         | 5AM-6PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM | 9        | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Boot Camp: 6PM<br>Yoga: 6PM<br>Kids Class: 4PM | 10     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM                     | 11.      | 8AM-5PM<br>Boot Camp: 9AM                               |
| 12     | 1-5PM<br>Open Gym | 13     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM<br>Yoga: 6PM   | 14      | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Kids Class: 4PM<br>Boot Camp: 6PM | 15        | 5AM-6PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM | 16       | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Boot Camp: 6PM<br>Yoga: 6PM<br>Kids Class: 4PM | 17     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM                     | 18       | 8AM-5PM<br>Boot Camp: 9AM                               |
| 19     | 1-5PM<br>Open Gym | 20     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM<br>Yoga: 6PM   | 21      | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Kids Class: 4PM<br>Boot Camp: 6PM | 22        | 5AM-6PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM | 23       | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Boot Camp: 6PM<br>Yoga: 6PM<br>Kids Class: 4PM | 24     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM                     | 25       | 8AM-5PM<br>Boot Camp: 9AM                               |
| 26     | 1-5PM<br>Open Gym | 27     | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM<br>Yoga: 6PM   | 28      | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Kids Class: 4PM<br>Boot Camp: 6PM | 29        | 5AM-6PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>CC: 10AM | 30       | 5AM-8PM<br>Classes: 5AM, 7AM, 9AM<br>12N, 3PM, 4PM, 5PM<br>RSB: 8:30AM<br>Boot Camp: 6PM<br>Yoga: 6PM<br>Kids Class: 4PM | 1      | 5AM-8PM   | 2        | 8AM-5PM   |