

B22 FIT

December 2021

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
28	1-5PM	29	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	30	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM Yoga: 6PM	1	5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	2	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM Kids Class: 4PM	3	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM Kids Class: 10AM CC: 10AM	4	8AM-5PM Boot Camp: 9AM Hometown Christmas 5PM
5	Open Gym 1-5PM	6	5AM-8PM Classes: 9AM, 12N, 4PM, 5PM, 6PM CC: 10AM	7	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM, 6PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM Yoqa: 6PM	8	5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	9	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM, 6PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM Kids Class: 4PM	10	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM, 6PM CC: 10AM	11	8AM-5PM Boot Camp: 9AM Polar Express movie 4PM
12	Open Gym 1-5PM	13	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	14	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM Yoqa: 6PM	15	5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	16	5AM-8 PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM Kids Class: 4PM	17	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	18	8AM-5PM Boot Camp : 9AM
19	Open Gym 1-5PM	20	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	21	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM Yoga: 6PM	22	5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM	23	5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM Kids Class: 4PM	24	8AM-12PM Open Gym	25	closed Christmas

26	1-5PM	27	5AM-8PM	28	5AM-8PM	29	5AM-6PM	30	5AM-8PM	31	8AM-5PM	1	closed
Open Gym		Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM		Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM Yoga: 6PM		Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM CC: 10AM		Classes: 5AM, 7AM, 9AM 12N, 3PM, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM Kids Class: 4PM		Open Gym		New Years Day	