

# B22FIT

STRONGER THAN YESTERDAY



# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1PM-5PM	2 5AM-8PM	5AM-8PM	5AM-6PM	5AM-8PM	1 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	2 8AM-5PM Boot Camp: 9AM
3 1PM-5PM Open Gym	4 9AM-5PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Boot Camp: 6PM Dance Class: 6PM Kids Class: 6PM	5 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM	6 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	7 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM	8 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	9 8AM-5PM Boot Camp: 9AM
10 1PM-5PM Open Gym	11 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Boot Camp: 6PM Dance Class: 6PM Kids Class: 6PM	12 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM	13 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	14 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM	15 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	16 8AM-5PM Boot Camp: 9AM
17 1PM-5PM Open Gym	18 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Boot Camp: 6PM Dance Class: 6PM Kids Class: 6PM	19 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM	20 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	21 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM	22 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	23 8AM-5PM Boot Camp: 9AM
24 1PM-5PM Open Gym	25 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Boot Camp: 6PM Dance Class: 6PM Kids Class: 6PM	26 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM Yoga: 6PM	27 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	28 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM	29 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	30 8AM-5PM Boot Camp: 9AM