

B22FIT



August 2022

STRONGER THAN YESTERDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1PM-5PM Open Gym	1 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM	2 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	3 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	4 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	5 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	6 8AM-5PM Boot Camp: 9AM
7 1PM-5PM Open Gym	8 9AM-5PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM	9 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	10 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	11 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	12 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	13 8AM-5PM Boot Camp: 9AM
14 1PM-5PM Open Gym	15 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM	16 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	17 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	18 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	19 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	20 8AM-5PM Boot Camp: 9AM
21 1PM-5PM Open Gym	22 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM	23 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	24 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	25 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	26 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	27 8AM-5PM Boot Camp: 9AM
28 1PM-5PM Open Gym	29 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM	30 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Kids Class: 4PM Boot Camp: 6PM	31 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM	5AM-8PM	5AM-8PM	8AM-5PM