

B22FIT

STRONGER THAN YESTERDAY



April 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------------------------------|--|---|--|---|--|---------------------------------|
| (April) 30 1PM-5PM Open Gym | 5AM-8PM | 5AM-8PM | 5AM-6PM | 5AM-8PM | 5AM-8PM | 1 8AM-5PM Boot Camp: 9AM |
| 2 1PM-5PM Open Gym | 3 9AM-5PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM Kids Class: 6PM Boot Camp: 6PM | 4 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM | 5 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM | 6 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM | 7 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM | 8 8AM-5PM Boot Camp: 9AM |
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| 23 1PM-5PM Open Gym | 24 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM Yoga: 6PM Kids Class: 6PM Boot Camp: 6PM | 25 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM | 26 5AM-6PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM | 27 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM RSB: 8:30AM Boot Camp: 6PM | 28 5AM-8PM Classes: 5AM, 7AM, 9AM 12N, 4PM, 5PM CC: 10AM | 29 8AM-5PM |